

## Celebrate Parks Week by walking in nature - it's great for your physical and mental health.

Come along and enjoy a Ranger guided walk to the Wader Bird Hide walking past wetlands and viewing lots of bird life along the way. Difficulty: Easy

Meeting point: Carpark at the Picnic area.When: Friday 16<sup>th</sup> March 2018. 1:00pm – 2:00pm

You can register for these walks in the Nature Walks group on ParkConnect at <u>www.parkconnect.vic.gov.au</u>

You will then be able to join all Parks Victoria's Nature Walk and Volunteer opportunities in the future.

**More Information** 

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