



# Welcome Walk

Lysterfield Park

**Celebrate Parks Week by walking in nature - it's great for your physical and mental health.**

Come and join a guided walk on an easy loop for you to enjoy with family and friends.

Length: 2.31km Time: 34 mins

**Meeting Point:** Lysterfield Park Community Centre

**When:** Wednesday March 14<sup>th</sup> 2018, 10:00am – 11:00am

You can register for these walks in the Nature Walks group on ParkConnect at [www.parkconnect.vic.gov.au](http://www.parkconnect.vic.gov.au).

You will then be able to join all Parks Victoria's Nature Walk and Volunteer opportunities in the future.

**More Information:** 13 19 63