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[melbourne.vic.gov.au/amcs](http://melbourne.vic.gov.au/amcs)

**Water cooler  
catch ups  
are so last year...  
Catch up on the court instead**



This **Autumn Season** we've structured each of our sports to short games

At easy to get to venues;  
**Docklands** and  
**Flagstaff Gardens**

During lunchtimes and straight after work

**14** rounds of competition

Registration now **open**  
[melbourne.vic.gov.au/amcs](http://melbourne.vic.gov.au/amcs)

## Our sports



### SOCCER

**\$621 per team | Min of 5**

Five-a-side format with low bounce ball and modified rules tailored to smaller pitches.



### NETBALL

**\$873 per team | Min of 7**

Everything you know and love about netball packed into your lunch time.



### BASKETBALL

**\$365 per team | Min of 3**

A great format to get back on the court. The modified 3v3 half court matches pack plenty of action.



### RUNNING

**\$284 per team | Min of 4**

The fortnightly running event at The Tan is suitable for all levels and boasts professional equipment.



### DODGEBALL

**\$628 per team | Min of 5**

Get out with your co-workers and throw balls at people. Conquer the court by eliminating the other team's five players.



### BAREFOOT BOWLS

**\$365 per team | Min of 3**

Come on down and have a roll at the licensed venue. Quick and easy to pick up, then you will spend a life time mastering it.